

SANDWICHES & WRAPS

Choose from the Following: Sourdough, Crunch Oat Wheat, Rye/Pumpernickel Swirl, German Dark, Panini

Wraps: Flour, Spinach & Wheat

EARTH DAY

Organic Greens, Sliced Cucumber, Polk's Tomatoes, Carrots, Alfalfa Sprouts, Red Onion and Your Choice of Cheese
8

ISLANDER

Homemade Curried Chicken Salad with Mango Chutney, Julienned Red Onions, Polk's Tomatoes and Organic Greens
8

COCKSPUR

Sliced Turkey, Caramelized Vidalia Onions, Swiss Cheese, Organic Greens
Drizzled with Honey Mustard
8

EBB TIDE

Oven-roasted Vegetables, Caramelized Vidalia Onions, Fresh Spinach
with Sun-dried Tomato Pesto and Herbed Goat Cheese
8.50

BRIDGE TENDER

Virginia Ham, Salami, Provolone, Roasted Peppers, Caramelized Onions, Sliced Polk's Tomatoes
8

GEORGIA BLISS

Sliced Chicken Breast, Sun-dried Tomato Pesto, Caramelized Vidalia Onions, Sliced Avocado and Gorgonzola Cheese
8

FRESH GRILLED PANINI

SAN REMO

Sliced Chicken Breast, Caramelized Vidalia Onions, Herbed Goat Cheese and
Sun-dried Tomato Pesto
8

BALSAMICO

Oven-roasted Portabellas, Squash, Red Peppers, Eggplant, Onions, Spinach and Melted Mozzarella Cheese
8

ITALIAN CLASSIC

Thinly Sliced Virginia Ham, Salami, Roasted Red Peppers and Melted Provolone Cheese with Our Housemade Balsamic Vinaigrette
8

ALBUQUERQUE

Sliced Chicken Breast, Chipotle Mayonnaise, Roasted Anaheim Peppers and Melted Cheddar Cheese
8

SAVANNAH SQUARE

Sliced Roasted Turkey, Caramelized Onions, Cinnamon Apples, Herbed Goat Cheese and Honey Mustard
8.50

FRENCH BISTRO

Sliced Virginia Ham and Roasted Turkey, Melted Brie and Honey Mustard
8

COMBINATIONS

Combine Any of the Sandwiches Below with Either a Cup of Our Homemade Soups or One of the Tasty Gourmet Salads Listed

SOUP & SANDWICH

Choose One of the Following Sandwiches:

Islander
Cockspur
Georgia Bliss

Then Select from Our Daily Soups
(Please Call)

8

SOUP & SALAD

Choose One of the Following Small Salads:

Kayak Kasa
Best Caesar
Iron Booster

Then Select from Our Daily Soups
(Please Call)

8.50

SANDWICH & SALAD

Choose One of the Following Small Salads:

Kayak Kasa
Best Caesar
Iron Booster

Choose One of the Following Sandwiches:

Islander
Cockspur
Georgia Bliss
9

HOMEMADE SOUPS

Our Soups Come Fresh From Our Stovetop to Your Bowl. We Make Our Soups Everyday.
We Use Only the Freshest Ingredients and Put Pride into the Tasty Combinations We Create.

Cup 3.50/Bowl 5.00

GOURMET SALADS

Homemade Dressings

Famous Balsamic Vinaigrette, Really Good Caesar, Lemon-Herb, Gorgonzola, Roasted Garlic-Ginger, Creamy Ranch, Extra Virgin Olive Oil and Cider Vinegar Extra Dressing...75 cents

Add the Following to Any Salad

Roasted Chicken Breast, Applewood Smoked Bacon or Seared Tofu 3.00
Roasted Turkey, Albacore Tuna Salad or Curried Chicken Salad... 3.50
Steamed Wild Georgia Shrimp or Seared Seasonal Fish... 4.00

THE BROUGHTON COBB

Organic Mixed Greens, Sliced Avocado, Polk's Tomatoes, Hardboiled Egg, Chopped Vidalia Onions, Applewood Smoked Bacon, Roasted Chicken, Gorgonzola, Alfalfa Sprouts and Sliced Carrots
10

THE WEST INDIAN TRADER

Curried Chicken Salad, Candied Walnuts, Mixed Seasonal Fruit, Polk's Tomatoes, Sliced Cucumbers, Alfalfa Sprouts, Julienned Red Onion and a Slice of Homemade Banana Bread on a Bed of Organic Mixed Greens
10

THE BEST CAESAR

Crunchy Chopped Romaine Hearts, Shredded Asiago Cheese, Homemade Croutons, Sliced Lemon and Our Tasty Homemade Caesar Dressing
4sm/7.50lg

THE VEGETARIAN

Hummus, Tabbouleh, Polk's Tomatoes, Sliced Cucumber, Kalamata Olives, and Sliced Pita Bread on a Bed of Organic Greens. Comes with a Choice of Tofu or Feta Cheese (Both for \$3)
10.50

THE IRON BOOSTER

Fresh Baby Spinach, Fire-Roasted Red Peppers, Portabella Mushrooms, Julienned Red Onions, Sunflower Seeds, Alfalfa Sprouts and Sliced Carrots
4.50sm/8.50lg

THE KAYAK KASA

Mixed Organic Greens, Polk's Tomatoes, Julienned Red Onion, Crumbled Feta Cheese and Pecans
4.50/8.50

OLYMPIC GREEK

Sliced Cucumbers, Polk's Tomatoes, Green Bell Peppers, Vidalia Onions, Kalamata Olives, Crumbled Feta Cheese and Aegan Herbs on a Bed of Organic Greens
9.50

DRINKS

Odwalla® Fresh Fruit Juices & Smoothies	3.50
Homebrewed Iced Tea (Sweet&Unsweet)	1.95
Homemade Lemonade	2.25
Arnold Palmer	2.25
Coke, Sprite, Diet Coke, Mr. Pibb	1.00
IBC Root Beer	1.50
Pellegrino Sparkling Water (500ml)	2.25
Bottled Spring Water	1.00
100% Columbian Coffee	1.50
Hot Tea (Black & Green)	1.50

HOMEMADE SWEETS

\$2

BIG Oatmeal Chocolate Chip Cookie
Double Chocolate Brownie

SIDES

Assorted Fresh Cut Fruit	1.50/3.00
Hummus and Pita	4.50
Marinated Olives, Feta & Pepperoncinis	4.00
Banana Bread w/Cream Cheese	3.00
Tabouleh Side	3.50
Savannah Slaw	1.00
Vigaron (Nicaraguan Cabbage Salad)	1.25
Potato Chips	1.00
Pico de Gallo	.75
Sour Cream	.75
Honey Mustard	.75
Tiger Sauce	.50
Kosher Pickle Spear	.50